DC Autism Parents Celebrates Autism Awareness Month

March 30, 2010

Washington Nationals, DC Public Library, National Aquarium, and Flow Yoga Center are Partners in April Activities

(Washington, DC) -- DC Autism Parents (DCAP), an organization created by parents of children with autism for parents of children with autism, today announced a number of activities that will take place throughout Autism Awareness Month in April.

For a second year, The Washington Nationals and DC Autism Parents are teaming up to increase awareness for a disease that affects one in every 100 children. DC Autism Parents will be present at the Washington Nationals' Autism Awareness Games on Sunday, April 18th to disseminate information about autism. Further, a portion of ticket sells will be donated to DCAP.

The District of Columbia Public Library (DCPL) and DC Autism Parents have partnered to provide library users with *Autism Resource Guide For Families of Children Diagnosed with Autism Spectrum Disorders in DC*. DCAP last Thursday provided DCPL with 1,250 copies! Please visit your local DC library location to obtain this free resource available on April 1st.

The National Aquarium and DC Autism Parents will provide a day of under the sea fun during its 2nd Annual Autism Awareness Day on Sunday, April 25th. There will be special pricing for the event, with free admission for children under 12 years of age; as well as arts and crafts; and a quiet room.

In a new partnership this year, Flow Yoga Center and DC Autism Parents have teamed up to offer \$10 classes to parents of children living with autism. DCAP understands that raising a children with autism can be stressful. In between the many Autism Events you attend with you child, take a little time for yourself by attending a yoga class during the month of April. Parents must RSVP prior to April 1st to take advantage of this special offer.

ABOUT AUTISM

Autism is a complex developmental disability that typically appears during the first three years of life and is the result of a neurological disorder that affects the normal functioning of the brain, impacting development in the areas of social interaction and communication skills. Children and adults with autism typically show difficulties in verbal and non-verbal communication, social interactions, and leisure or play activities.

ABOUT DC AUTISM PARENTS

DC Autism Parents' mission is to improve the lives of all affected by autism through advocacy, education, support, services, and research in order to promote community inclusion and awareness in the DC Metropolitan area.

To learn more about DC Autism Parents, and the activities above, please visit our website at www.dcautismparents.org.

.